Helping families & seniors navigate end-of-life decisions

Produced with the San Diego Community Action Network (SanDI-CAN), this six-hour FREE conference helps families and seniors with end-of-life planning. Participants will be able to identify their end-of-life values and goals of care and acquire the communication skills necessary to make informed health care planning decisions!

Wednesday, January 21, 2015
9:30am to 3:30pm
**refreshments, lunch provided & community resource tables**

Balboa Park Club
2150 Pan American Road West
San Diego, CA 92101

Please RSVP by January 19, 2015
1(800)82-SHARP/1(800)827-4277
www.sharp.com/classes

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San Diego Community Action Network

Mission:
To be the community based action partnership of providers, volunteers and consumers of services dedicated to improving the quality of life for older adults and adults with disabilities living in the City of San Diego.

AGENDA

9:30am  Registration/Exhibitors/Light Refreshments

10:00am  Welcome/Introductions

10:15am  Five Important Documents
Richard Scott Stewart, Attorney
California Estate and Elder Law, LLP

10:45am  Communication Tools for Crucial Conversations
John Tastad, SCC, Advance Care Planning Program Coordinator
Sharp HealthCare

11:25am  Stretch Break

11:35am  Community Panel of Experts Discuss Whole Body, Organ & Tissue Donations
Nancy Biagioni, Director of Donor Development & Education, San Diego Eye Bank
Scott Barton, Director, UCSD Body Donation Program
Peggy Holder, Community Outreach Coordinator, Research for Life
Rev Don B. Stouder, M.Div., PCS, Lifesharing
Sade Obanwo, Community Relations Manager, Science Care

12:15pm  Lunch/Exhibitors

12:45pm  The Ombudsman’s Role as an Advocate for Long-Term Care Residents
Lyn Devereaux, Volunteer Trainer, San Diego County HHSA- Aging and Independence Services

1:15pm  Reinventing Yourself After a Loss: How to Find Your Way Back to Thriving
Liane Fry, LMFT, FT, Bereavement Coordinator
Scripps Bereavement Program

1:45pm  Physician Panel: Essential Documents & Conversations
Community physicians share their thoughts on their own Advance Directives
Michael J. Barker, MD  Retired, Family Practice
Margaret Elizondo, MD, Sharp HospiceCare, Associate Medical Director
Rebecca Ferrini, MD, MPH, CMD Medical Director Edgemoor DP SNF
Emmet W. Lee, MD, FAAHMPM, Medical Director, LightBridge Hospice
James M. Sinclair, M.D., Medical Director Vitas Innovative Hospice San Diego Program 95
Karl Steinberg, MD CMD, Shea Extended Care

3:00pm  Evaluations, Visit with Exhibitors, Opportunity drawings
3:30pm  Adjourn

THANK YOU to ALL
our SanDi-CAN Members & COMMUNITY Providers for making this day possible!!