



Mental Health Everybody's Business

May is Mental Health Month 2010

Saturday

April 17

- *NAMI Walks* - Kick-Off May is Mental Health Month (MIMHM) Event

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
April 25	April 26	April 27	April 28	April 29	April 30	May 1
May 2 • Children's Mental Health Week Begins	May 3 • KPBS TV Screening of "The Misunderstood Epidemic: Depression" 9:00 p.m.	May 4 • East Region Depression Screening Event • MHA Healthy Minds Luncheon • "Delightful Meals" Luncheon	May 5	May 6	May 7	May 8 • Children's Mental Health Week Ends
May 9	May 10 • "Are We Making the Grade?" Presentation on County Report Card on Children and Families	May 11 • "Delightful Meals" Luncheon • KPBS TV Screening of "The Misunderstood Epidemic: Depression" 9:00 p.m.	May 12	May 13 • East Region Depression Screening Event	May 14 • 9 th Annual Children's System of Care Conference	May 15 • East Region Depression Screening Event
May 16	May 17 •	May 18 • "Delightful Meals" Luncheon • East Region Depression Screening Event	May 19 • Postpartum Mood Disorders Training	May 20 • "Mental Health and Aging: Don't Miss the Obvious" Conference	May 21 • "May is Mental Health Month Keynote Event "Mental Health - Everybody's Business"	May 22 • San Diego Survivors of Suicide Loss Day
May 23	May 24 • RICA Peer Employment Training Graduation • East Region Depression Screening Event	May 25 • "Delightful Meals" Luncheon	May 26 • "Get Connected" MHA/CHAD Night at the Padres • Postpartum Mood Disorders Training • Casa Del Sol Chili Cook-Off	May 27	May 28 • "Fotonovela" MHSA/PEI Project Launch News Conference • MIMHM: Picnic in the Park with Oasis Clubhouse	May 29
May 30	May 31 • Memorial day Observed	June 1	June 2 • Postpartum Mood Disorders Training	June 3 • 2010 Annual Aging Summit	June 4 • 24th Annual Mental Health Recognition Dinner	June 5

See reverse side for event details: time, location and contact information

April 17, 2010, 6:30 a.m. sign-in, 8:00 a.m. start: NAMI Walk, 2/5 K (symbolic kick-off to May is Mental Health Month), Balboa Park, 6th/Quince, San Diego, contact Annie Dunlop, 619-584-5564

May 3, 2010, 9:00 p.m.: KPBS TV Screening of "The Misunderstood Epidemic: Depression" 9:00 p.m.

May 4, 2010, 9:00 -11:00 a.m.: Depression Screening Event, Lemon Grove Family Resource Center, 7065 Broadway, Lemon Grove 91945 , contact Katie Judd 619- 668-3758

May 4, 2010, 11:30 a.m.: "Delightful Meals" Luncheon at Heritage Clinic, 200 E. Washington Ave. STE 100, Escondido 92025, contact Velia Gitari, MA 760-737-8642 ext 261. Please RSVP 24 hours in advance

May 4, 2010, 11:15 a.m. – 1:00 p.m.: Healthy Minds Luncheon honoring Kathleen Sellick of Rady Children's Hospital San Diego, benefiting Mental Health America of San Diego County, US Grant Hotel, 326 Broadway, San Diego 92101, Presidential Ballroom, contact Scott Suckow 619-543-0412 ext 109

May 10, 2010, 9:00 – 11:00 a.m.: County Health and Human Services Agency North Regions hosts "Are We Making the Grade?", featuring a presentation by the Children's Initiative on the 2009 San Diego County Report Card on Children and Families, North County Regional Education Center, 255 Pico Ave., San Marcos 92069, Communication Labs 1 & 3, contact Jenel Lim, 760-740-4266

May 11, 2010, 9:00 p.m.: KPBS TV Screening of "The Misunderstood Epidemic: Depression" 9:00 p.m.

May 11, 2010, 11:30 a.m.: "Delightful Meals" Luncheon at Heritage Clinic 200 E. Washington Ave. STE 100, Escondido 92025, contact Velia Gitari, MA 760-737-8642 ext 261. Please RSVP 24 hours in advance

May 13, 2010, 9:00-11:00 a.m.: Depression Screening Event, El Cajon Family Resource Center, 220 S, First St., El Cajon, 92019, contact Romalyn Watson 619-668-3760

May 14, 2010, 8:00 a.m. – 4:00 p.m.: 9th Annual Children's System of Care Conference: Treating the Challenging Child- The Collaborative Problem Solving Approach, Dr. Ross Greene, Presenter, Bahia Hotel, 998 W. Mission Bay Dr., San Diego 92109, contact Erin Scally or Lorena Duarte at 866-910-2600 x 1700 for registration or Jamie Picker 619-397-6911 for information

May 15, 2010, 9:30 a.m. -12:00 p.m.: Depression Screening Event, Santee Library, 9225 Carlton Hills Blvd. #17, Santee 92071, contact Romalyn Watson 619-668-3760

May 18, 2010, 11:30 a.m.: "Delightful Meals" Luncheon at Heritage Clinic, 200 E. Washington Ave. STE 100 Escondido, CA 92025, contact Velia Gitari, MA 760-737-8642 ext 261. Please RSVP 24 hours in advance

May 18,2010, 1:00 – 3:00 p.m.: Depression Screening Event, Alpine Family Medicine Adult & Pediatric Clinic, 1620 Alpine Blvd, Ste 109, Alpine 91901, contact Romalyn Watson, 619-668-3760

May 19, 2010, 1:00 – 5:00 p.m.: Postpartum Health Alliance Training Hosted by County HHSA, "Postpartum Mood Disorders," free CEUs, North Coastal Regional Center, 1701 Mission Ave., Executive Conference Room, Oceanside 92054, contact Jenel Lim, 760-740-4266

May 20, 2010, 8:15 a.m. - 4:00 p.m.: "Mental Health and Aging: Don't Miss the Obvious," hosted by Senior Mental Health Partnership, CAC, 1600 Pacific Highway, Room 58, San Diego, contact 619-584-5564

May 21, 2010, 12:00 p.m. to 1:00 p.m. (resource tables 11:30 a.m. – 1:30 p.m.): May is Mental Health Month 2010 Keynote Event, "Mental Health - Everybody's Business," 1600 Pacific Highway, San Diego, contact 619-563-2737

May 22, 2010, 10:00 a.m. – 2:00 p.m.: San Diego Survivors of Suicide Loss Day, Vista Grande Community Church, 10881 Tierrasanta Blvd, San Diego 92124, contact Bonnie Bear 619-482-0297

May 24th, 2010, 1:00 to 3:30 p.m.: Graduation of the 9th RICA Peer Employment Training Class, North Inland Regional Mental Health Center Community Room, 600 E. Valley Parkway, Escondido 92025, contact Markov Manalo 858-274-4650

May 24, 2010, 10:00 a.m. – 12:00 p.m.: Depression Screening Event, Casa de Oro Library, 9805 Campo Rd. #180, Spring Valley 91977, contact Katie Judd 619-668-3758

May 25, 2010, 11:30 a.m.: "Delightful Meals" Luncheon at Heritage Clinic, 200 E. Washington Ave. STE 100, Escondido 92025, contact Velia Gitari, MA 760-737-8642 ext 261. Please RSVP 24 hours in advance

May 26, 2010, 7:05 p.m.: Get Connected at the Combined Health Agencies Night at the Padres, Petco Park, 100 Park Blvd., San Diego 92101, \$7.50 tickets (advance purchase required), Padres vs. St. Louis Cardinals, contact Peggy Beers at MHA at 619-543-0412 ext 110

May 26, 2010, 1:00 – 5:00 p.m.: Postpartum Health Alliance Training Hosted by County HHSA, "Postpartum Mood Disorders," free CEUs, 690 Oxford Street, Conference Rooms 1 & 2, Chula Vista 91911, contact Elena Quintanar, MPH 619-409-3113

May 26, 2010, 12:00 – 6:00 p.m.: Casa Del Sol Annual Chili Cook-Off, Casa Del Sol Clubhouse, 1157 30th St., San Diego 92154, contact Amelia Ford, 619-429-1937

May 28, 2010, time TBD: County HHSA News Conference for Launch of Mental Health Services Act Prevention and Early Intervention "Fotonovela" Project, location TBD, contact TBD

May 28, 2010, 1:00 – 4:00 p.m.: MIMHM: Picnic in the Park with Oasis Clubhouse, Allied Gardens Park, 5155 Greenbrier Ave, San Diego 92120, contact Tonya Jenkins, 858-300-0460 X 201

June 2, 2010 1:00 p.m. – 5:00 p.m.: Postpartum Health Alliance Training Hosted by County HHSA, "Postpartum Mood Disorders," free CEUs, 8965 Balboa Ave., Conference Rooms 1A/B, San Diego 92123, contact Jenel Lim 760-740-4266

June 3, 2010, 9:00 – 2:30 p.m.: Aging Summit 2010, topic – "Technology," Town & Country Resort and Convention Center, Mission Valley, contact County HHSA Aging and Independence Services 858-694-3241

June 4, 2010, 5:30 – 9:00 p.m.: 24th Annual Mental Health Recognition Dinner, San Diego Mission Valley Marriott, 8757 Rio San Diego Drive, San Diego, contact Marianne Wedemeyer 619-563-2737