

Be **SMART**

**FREE
Senior
Expo**

Protect Yourself & Your Wallet

Avoid becoming a victim—attend this seminar!

Comfortable clothing is recommended. There is no cost to participate, and lunch will be provided. Take your pick:

Thursday, March 5, 11 a.m. - 1:30 p.m.

(registration begins at 10:30 a.m.)

County Library, Bonita-Sunnyside Branch
4375 Bonita Rd., Bonita

OR

Tuesday, April 14, 11 a.m. - 1:30 p.m.

(registration begins at 10:30 a.m.)

Rancho Bernardo Library
17110 Bernardo Center Dr., San Diego

Reserve your spot today!

Because of limited space, reservations are required:

- Call **(800) 510-2020** press 4
- Record your name, phone number, and which date/location you prefer

Protect your wallet

Knowledgeable speakers from Adult Protective Services (APS) and the District Attorney's Office teach you how to recognize and avoid scams, bogus lotteries, real estate fraud, identity theft, and more.

Presented by:

Aging & Independence Services
San Diego District Attorney's Office
San Diego County Library

Funded by:

The Barona, Sycuan and Viejas Tribal Governments



Get **TOUGH**



Protect yourself

Join Mary Davis, a 69-year-old, third-degree black belt instructor from U.S. Freestyle Martial Arts in Point Loma. She will show you simple, but effective, techniques to avoid becoming a victim, and to defend yourself in case you are attacked.