## Schedule for the Day

- 8:00 **ENROLLMENT** Enjoy: Light Breakfast, Health Screenings, Vendor Tables, Walk the Labyrinth
- 8:30 OPENING THE DAY; OPENING OUR MINDS TO HEALING DJ Vanas
- 9:50 THE HEALING SIGNIFICANCE OF A HOSPITAL IN THE COMMUNITY Dan Dredla
- 10:45
   EDUCATION AND HEALING

   Jose Brosz
- 11:40 til 1:00 **BREAK** Enjoy: Lunch, Health Screenings, Vendor Tables, Walk the Labyrinth
- 1:00 THE HEALING SIGNIFICANCE OF CITY STRUCTURE FOR THE COMMUNITY Mayor Steve Padilla
- 1:45 THE HEALING PROCESS WHEN PRISON IS IN THE EQUATION Dr. Dan Sherman
- 2:30 HEALING AND SAVING PEOPLE'S LIVES; MAKING A DIFFERENCE Enrique Morones
- 3:20 HEALING PRESENTATION
- 3:45 CLOSING THE DAY; EMPOWERMENT DJ Vanas

## Purpose of the Conference

The purpose of this conference is to offer an opportunity for participants to celebrate their diversity by strengthening and healing our communities. This will be accomplished by a series of expert speakers who will address challenges in our families and neighborhoods and offer solutions and insights for keeping our homes and communities safer and less troubled, and on a path to greatness.

> CEU's provided by Southern Caregiver Resource Center.

7 Continuing Education Units for RNs, LVNs, CNAs, (BRN No. CEP9368) and LCSWs and MFCCs (BBS No. PCE229)

This course meets the qualifications for seven hours of continuing education for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences.

### COST OF THE EVENT: \$25

# *"Healing the Individual, Healing the Community"*

Presented by **The Healthy Spirit Gift and Bookstore** 276 Third Avenue Chula Vista, CA 91910 **619-427-1210** 

#### For More Information:

Susan O'Shaughnessy Christine Wines The Healthy Spirit 619-508-0931 619-701-7264 619-427-1210 Registration:

Address\_

Phone\_

Email

Address\_

Name

#	ber 7 <sup>th</sup> to:		
License_#_	ו Saturday, Octol	irch	91910 / Spirit
CEUs	Please return this form no later than Saturday, October $7^{th}$ to:	St. John's Church	Chula Vista, CA 91910 Attn: The Healthy Spirit

	(\$35.00 at
With your check for \$25.00 payable to:	Greater San Diego Chapter Health Ministries Association (GSDCHMA) (\$35.00 at
	Great

the door)

#### D.J. EAGLE BEAR VANAS



D.J. Eagle Bear Vanas is a husband, father, internationally acclaimed motivational storyteller and success coach. He is also the author of the celebrated book *The Tiny Warrior: A Path to Personal Discovery & Achievement* which is printed is six countries.

D.J. is Odawa Indian from Michigan and uses traditional warrior concepts and wisdom to inspire others to achieve their best in life and career. For over a decade, he's delivered his dynamic programs in 46 states and overseas to over 1,600 audiences including NASA, IBM, Hewlett Packard, and hundreds of tribal governments, communities and schools.

He holds a B.S. from the U.S. Air Force Academy and an M.S. from University of Southern California. After serving ten years as an Air Force officer, he is now the president of his own company, Native Discovery Inc. D.J.'s mission is to "build the warriors of tomorrow...today" and can be reached at <u>www.nativediscovery.com</u>.

#### DANIEL DREDLA

Dan Dredla is the Director of Business Development

and Administrative Services at Sharp Chula Vista Medical Center. He has 18 years of experience in the hospital field, and holds a Master's Degree in Healthcare Administration. His responsibilities at the hospital include day-to-day operations, administrative oversight of various ancillary services,



building or improving product lines, and strategic planning.

#### JOSE BROSZ

Jose Brosz, Principal at Otay Ranch High School, Chula Vista, has been rated a "Great Principal," by the website, Great Schools. A great principal creates and maintains a culture of achievement and support throughout the school, while establishing high expectations for academics and behavior. He attracts, develops and supports quality teachers; has courage, stamina and holds himself accountable. He is accessible to parents, members of the



school community and responds to their concerns. Jose Brosz has been a principal for seven years, assistant principal for six, and a high school teacher for five. After graduating from SDSU he earned his M.Ed. at Point Loma University.

#### STEPHEN C. PADILLA

Stephen Padilla was elected the 38th mayor of Chula



Vista on Nov. 5, 2002. Earlier, he served two consecutive terms on the City Council. He was a member of the Board of Ethics, the Safety Commission and the Community Task Force. A lifelong San Diego resident and a single father, Mayor Padilla graduated from Bonita Vista High School, Southwestern College (A.A.) and National

University (B.A. in Public Administration). He began his career in public service as a detective with the Coronado Police Dept. investigating domestic violence and child abuse cases.

#### DR. DANIEL SHERMAN

Dr. Daniel Sherman received undergraduate degrees in Psychology and Philosophy from the University of Illinois,

Urbana-Champaign. He received his Masters and Doctoral degrees in Clinical Psychology from the University of Missouri-Columbia where he received an NIMH Fellowship and published in the area of childhood and adolescent depression. He was chief intern during his pre-doctoral internship



at a Veterans' Administration Medical Center affiliated with UCLA School of Medicine. He is a licensed clinical psychologist in the State of California with broad experience in forensic psychology.

#### **ENRIQUE MORONES**

Long time internationally acclaimed Human Rights activist, Enrique Morones was born in San Diego to Mexican parents. They instilled in him a deep love for Mexico, a passion for social justice, and a deep spiritual faith. His most recent creation was the National March for Migrants



as he led thousands from San Diego to Washington D.C. He is recognized as the one of the 100 most influential Latinos in the USA and has been featured on NBC, CNN, ABC, CBS, BBC, HBO and other newscasts and talk shows. *"Healing the Individual, Healing the Community"* 



**Saturday** October 14, 2006 8:00 a.m. - 4:30 p.m. at **St. John's Church** 760 First Avenue

Chula Vista, CA 91910

*Cost:* \$25

#### SPONSORS:

The Greater San Diego Chapter of Health Ministries Association

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Southern Caregiver Resource Center

